

## MEDICAL & EMERGENCY FORM

PLEASE FILL IN ONE FORM PER PERSON, EVEN IF A COUPLE OR IN SAME FAMILY

NAME OF PARTICIPANT: HEIGHT: WEIGHT: SWIMMING ABILITY: YES NO PREGNANT: YES NO IF YES, EXPECTED DUE DATE MEDICAL CONDITIONS WE SHOULD BE AWARE OF (PAST AND PRESENT): YES NO IF YES, PLEASE SPECIFY: DIABETES / HEART DISEASE / EPILEPSY / ASTHMA / HIGH BLOOD PRESSURE / BACK PROBLEMS / DISLOCATIONS / OTHER, PLEASE DESCRIBE:  ARE THERE LIMITATIONS ON ANY OF THE ACTIVITIES INCLUDED IN OUR TOURS? YES NO
MEDICAL CONDITIONS WE SHOULD BE AWARE OF (PAST AND PRESENT): YES NO IF YES, PLEASE SPECIFY: DIABETES / HEART DISEASE / EPILEPSY / ASTHMA / HIGH BLOOD PRESSURE / BACK PROBLEMS / DISLOCATIONS / OTHER, PLEASE DESCRIBE:
IF YES, PLEASE SPECIFY: DIABETES / HEART DISEASE / EPILEPSY / ASTHMA / HIGH BLOOD PRESSURE / BACK PROBLEMS / DISLOCATIONS / OTHER, PLEASE DESCRIBE:
PRESSURE / BACK PROBLEMS / DISLOCATIONS / OTHER, PLEASE DESCRIBE:
ARE THERE LIMITATIONS ON ANY OF THE ACTIVITIES INCLUDED IN OUR TOURS? YES NO
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IF YES, PLEASE SPECIFY:
MEDICATIONS YOU ARE TAKING WITH DOSAGE:
ALLERGIES / DIETARY RESTRICTIONS (PLEASE DESCRIBE IN DETAIL. FOR INSTANCE, IF YOU ARE VEGETARIAN, VEGAN, LACTOSE INTOLERANT, ALLERGIC TO FISH, NUTS, ETC.):
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MEDICAL INSURANCE COVERAGE:
COMPANYPOLICY NUMBER
POLICY NUMBER CONTACT PERSON IN CASE OF EMERGENCY:
RELATIONSHIP
ADDRESS
PHONE NUMBERS Home Work

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